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## Trading Plan Outline for T-3 Users

The purpose of this plan is not to tell you what is best for your personal situation (goals and objectives) but to make sure that you have given enough basics and ability to practice using the T-3 Software in an attempt to make the most accurate and profitable trading decisions possible.

In this plan we will attempt to help you sort your thoughts into a simple outline that will help you assemble your own business and basic trading plan. You should still take the time to do the work to write your own plan and practice it without risking money, make revisions to your plan that fit your goals, practice your plan again on a simulator, make adjustments again then simulate one more time until your expected outcome of consistency has been attained.

First you must answer the question on if you have enough capital to even begin this endeavor. While there is the potential to make more money than is needed to live there are also costs involved in becoming a professional trader and the better prepared you are the higher your chances of reaching your goals. So let's look at some of the basic costs that most people will not think about. Keep in mind. This is business, treat it as such and pay special attention to the planning of your business so you have the highest chances of success.

Just a quick checklist will be posted here to give you some of the basics as of the end of 2005. These may change or fluctuate in time but a general outline of costs is below.

- 1. **T-3 Fibs Software-** \$9,500 dollars- one time purchase. You can lease for 90 days at 3900 dollars but this lease option is a daily depreciating asset and will cost you more in the long run.
- 2. **Computer Equipment-** At a minimum a Pentium 1.2 gig hertz chip or AMD 2600 chip or better with a minimum of 512 RAM 1-4 GB of Ram is better. At least TWO SCREENS! You may have to buy an additional video card for your computer. I recently purchased an E-machine 64 bit 3600 machine with 20" top of the line monitors and an extra video card for 1900 dollars. So \$2,000 would be a round number to use for computers if you don't have one.
- 3. **HIGH SPEED INTERNET-** period you MUST have it. If not get it.
- 4. **Hotcomm Chat room software-** \$59.95 dollars for 3 months. Until your fully educated this should be purchased then it becomes optional.
- 5. **Tradestation-** pick this or Esignal (DATA AND CHARTING) free if you do 50 round turns per month through tradestation brokerage which is pretty easy to do if your daytrading. \$99 –\$199 dollars monthly if you do not have the volume or trading account there. As of late they are making strides to make their trading platform better but for now an outside source of trading platform is needed. Also have to include a VERY wide variety of exchange fees depending on which market you trade. You also have to decide if they have your data. Esignal has a wider variety of exchanges they deliver on.

- 6. **E-Signal** (DATA AND CHARTING)- Approximately \$100 dollars per month. They offer many more data sources and are slightly different than tradestation. Also have to include a VERY wide variety of exchange fees depending on which market you trade. You also have to decide if they have your data. Esignal has a wider variety of exchanges they deliver on.
- 7. **Trading platform** Ninja Trader is the front-runner for now in my opinion. Trade Maven J-trader- and many others offer much functionality but for the moneyapprox. \$49 dollars per month Ninja Trader is tops on the list.
- 8. **Trading Capital-** This is where most traders will fall short and cause them selves to lose money. This area is VERY important for several reasons.
  - You should NOT trade real money until you know you can win
  - So simulation is KEY and winning on the simulator for quite some time is KEY before you ever risk one real dollar. With the quality of simulators now you should be able to win most of 50 trades. 35-45 out of 50 following the rules of your plan and being 100% comfortable with your plan.
  - SO to the money. A good rule of thumb is to take your maximum loss for one day. In the case of the ER2 sample plan we have \$300 dollars per contract. Multiply that number by at least 20 and that will be the MINIMUM allocation per contract in this plan. This will give you the ability to lose several trades and have enough equity to continue trading. Some traders will use more and some will use less but this should give you some basis for thought. Also, after your simulation you should be able to map out how your trading has gone and to see what your upside and your downside risks are.

How much money will you need to start your business? Let's work out a simple formula based on a 12-month plan to make \$1,000,000 dollars. This may not be 100% exact but is given as a general guideline to get you started.

### **Business Capital Expenses:**

- Software \$9500- one time
- Computer equipment (you may or may not have enough) \$2,000- once or twice
- Hotcomm \$59.95 \* 12 /mo. = \$719.40
- Tradestation or Esignal assuming highest costs \$250 monthly \* 12/mo = \$3000
- High Speed internet \$49 monthly \* 12/mo = \$588
- Trading platform \$49 monthly \* 12/mo = \$588
- Trading capital \$10,000 minimum starting (personal adjustments needed)
- Total for first year approximations for your daytrading business are =
  - \$9500+\$2000+\$719.40+\$3000+\$588+\$588+\$10,000=\$26,395.40 to start your business in basic 1<sup>st</sup> year costs.

### Taken from

### http://www.mcdonalds.com/corp/franchise/faqs2/qualifications.html

- Q: How much cash do I need to buy a McDonald's franchise?
   A: McDonald's requires that prospective Owner/Operators have a minimum of \$200,000 in cash or liquid assets. Candidates with greater financial resources may have more potential franchise opportunities than those who meet the minimum requirements.
- O Generally it takes a minimum of one to two years to recover one's initial investment.

### Business Timeline of Events

We are going to go on the assumption of 20 trading days per month with the exception of December, which we will assume 15. We will also assume a January first start date this will have to be adjusted. We will assume averaging \$250 dollars per day per contract per day regardless of market traded. Then we will assume \$5,000 per contract traded for round number increasing the amount of contracts traded as profits allowed on a MONTHLY basis not a day by day which may produce higher numbers. We will stop compounding when we reach 64 contracts on any given market. You will see by the hypothetical example below that you will have the POTENTIAL to reach your goal of \$1,000,000 within 12 months of your start date if you can average \$250 per day per contract traded. So while your goals may be higher or lower this will show you that with approximately \$26,395.40 in start up capital what your potential is at \$250 per day per contract. So ask yourself, and those who are doing it live with you in your training room if 250 per day per contract is realistic, then ask yourself if you're ready to make the commitment to learn!

DATE	ACTION	PROFIT	RUNNING TOTAL
1-1-200x	Write your plan -practice	0	10,000
2-1-200x	Write your plan -practice	0	
3-1-200x	Write your plan -practice	0	
4-1-200x	Start trading 2 contracts	10,000	20,000
5-1-200x	Trade 4 contracts	20,000	40,000
6-1-200x	Trade 8 contracts	40,000	80,000
7-1-200x	Trade 16 contracts	80,000	160,000
8-1-200x	Trade 32 contracts	160,000	320,000
10-1-200x	Trade 64 contract	320,000	640,000
11-1-200x	Trade 64 contracts	320,000	960,000
12-1-200x	Trade 64 contracts	240,000- 15 days	1,200,000

# Now to the T3 trading plan basics

While we have written the basic setups for the trading plan and we will share them below some of the "art of trading for maximum gains" is to know when to ignore trade setups based on the expected outcome of each of the individual indicators and when to trade the setups. We are not going to make new rules here but we are going to add some modifications that you can use to apply when looking at the trade setups of the plan in an attempt to make the trade setups more successful.

You should still take the time to do the work to write your own plan and practice it without risking money, make revisions to your plan that fit your goals, practice your plan again on a simulator, make adjustments again then simulate one more time until your expected outcome of consistency has been attained. Once attained if you lose your results when trading real time go back and analyze your plan and then restart the process of simulation and practice until again your plan is second nature then re-attempt your real-time efforts.

Keep in mind that these are basic setups that do not take into account ALL factors you must consider. You must still know when and where in the market you CAN and CANNOT use these setups. Our online educational room and text after the setups is designed to help you with that education.

TRADE	ENTRY SETUP	EXIT CONDITIONS
#1 Trade setup Mid Bands Continuation buy or sell with the trend	<ul> <li>Must hit midbands</li> <li>Close on the intended direction of the trade side of smaller triggers</li> <li>Pullback to lessen risk</li> <li>Look for trigger lines and Macd bb clues for how deep of a pullback</li> <li>Must be with Macd BB trend.</li> </ul>	<ul> <li>Outer bands first target</li> <li>Key Fibonacci area</li> <li>One to ones at outer bands</li> <li>Divergence against the trade.</li> </ul>
#2 Trade setup  • Fibonacci support or resistance –  • IF Divergence breaks NO MORE COUNTER TREND TRADES	<ul> <li>Must hit key Fibonacci area</li> <li>Must have divergence</li> <li>Trigger lines must be crossed in direction of trade</li> <li>Watch for other key factors to pinpoint entry such as One to ones or floor trader pivot</li> <li>IF using multiple tick charts proper side of larger triggers makes it more conservative.</li> </ul>	<ul> <li>Mid band first exit</li> <li>One to ones</li> <li>Next key Fibonacci area</li> <li>Divergence against trade</li> <li>Opposite outer bands</li> </ul>
#3 Trade setup • Zero line	<ul> <li>Must bounce at the zero line on Macd BB</li> <li>Must have room to next key Fibonacci area</li> </ul>	<ul> <li>Outer bands first target</li> <li>Key Fibonacci area</li> <li>One to ones at</li> </ul>

rejection trades	<ul> <li>Must have triggers and Macd bb lines rollingdots changing colors on lower sub-graph to green or red</li> <li>Close on right side of smaller triggers with pullback to lessen risk</li> </ul>	outer bands • Divergence against the trend
#4 Trade setup  • ABC Long or Shorts at key Fibonacci areas, Mid bands or one to ones	<ul> <li>Must hit the support or resistance indicators</li> <li>Must close on right side of the triggers when abc plots</li> <li>Must be with Macd BB trend – UNLESS DIVERGENCE has broken then OK to be on wrong side of MACD BB TREND.</li> <li>Pullback to lessen risk Look for trigger lines and Macd bb clues for how deep of a pullback</li> <li>B short or longs or Failures to be take on PROPER SIDE OF LARGER TRIGGERS</li> </ul>	<ul> <li>Outer bands first target</li> <li>Key Fibonacci area</li> <li>One to ones at outer bands</li> <li>Divergence against the trend</li> </ul>
#5 Trade setup  • MACD BB Strong moves With Trend	<ul> <li>Macd bb Lines strong move through zero line</li> <li>Market makes strong move through mid bands</li> <li>Enter on pullback to mid bands with triggers and Macd bb favoring</li> <li>If macd bb lines or triggers cross over against intended direction no trade setup</li> </ul>	<ul> <li>.4070 past mid bands stop level or just past KEY area.</li> <li>Outer bands first target</li> <li>Key Fibonacci area</li> <li>One to ones at outer bands</li> </ul>
	• Must be at outer bands	<ul> <li>Mid band first exit</li> </ul>

#6 Trade setup  Outer Bands  Divergence  IF Divergence breaks  NO MORE COUNTER TREND TRADES	<ul> <li>Must have Macd BB divergence</li> <li>One to Ones at outer bands increase chances of winning</li> <li>Triggers must be crossed in direction of trade</li> <li>IF using multiple tick charts proper side of larger triggers makes it more conservative.</li> </ul>	<ul> <li>One to ones</li> <li>Next key Fibonacci area</li> <li>Divergence against trade</li> <li>Opposite outer bands</li> </ul>
• #7 Trade setup Breaking One to Ones Continuation	<ul> <li>Must have room to next key area and NOTHING IN THE WAY!!!!!!!</li> <li>Must have Triggers strong in direction of the break of the 1:1's</li> <li>Must have Macd BB lines in favor of the break</li> <li>Enter on pullback to one to ones</li> <li>NEVER TO BE TAKEN AFTER INITIAL DIVERGENCE!</li> <li>NEVER AT KEY FIB AREAS</li> <li>NEVER WITH POTENTIAL DIVERGENCE</li> </ul>	<ul> <li>Stop no more than         <ul> <li>24 past the One to Ones that got you in to reduce risk.</li> </ul> </li> <li>Next Key Fibonacci area</li> <li>Close on opposite side of Trigger Lines</li> </ul>
<ul> <li>Trade#8         AREA +         DIRECTION         TRADE</li> <li>The</li> </ul>	<ul> <li>MUST BE UP MONEY ARLEADY ON DAY!</li> <li>Must have room to next key area and NOTHING IN THE WAY!</li> <li>Must have all 4 Trigger</li> </ul>	<ul> <li>.4070 past KEY area max stop.</li> <li>Outer bands first target</li> <li>Key Fibonacci area One to ones at</li> </ul>

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Below you will find some additional supplementation for your trade setups 1-8 to think about to increase the accuracy of the software.

- 1. Trade on the intended direction side of the larger and smaller trigger lines. This is training step number one and will keep the trade setups as conservative as possible for daytrading with the trend.
- 2. If you use multiple "entry" charts for example 233 tick and 450 tick charts there are several supplementations that you can use to increase the effectiveness of the software.
- 3. If on "intended direction of trade on both timeframe larger trigger lines" then you should hold for LARGER profits all the way to key areas. Use the momentum of the market and knowing where the best areas are to make maximum profits when everything is pointing in your favor.
- 4. If on "intended" side of larger timeframe large timeframe larger triggers and NOT on the "intended direction" side of the smaller timeframe larger triggers then be quicker to take profits at the FIRST areas of support or resistance against your trade. Also be quicker to move stops into a breakeven or better situation.
- 5. IF Macd bb lines have NO DIVERGENCE or NO pending divergence then hold for larger target areas. Use the momentum of the market and knowing where the best areas are to make maximum profits when everything is pointing in your favor.
- 6. If Macd bb lines are on the "intended side of the zero line" on both timeframes and both larger triggers and smaller trigger agree then hold for larger targets.
- 7. If Macd bb lines are MIXED meaning one of them is UP and one of them is DOWN or on both timeframes on opposite sides of the zero line then be

- quicker to take trade exits AT key areas and move stop quickly to reduce risk.
- 8. Make sure you are using the software's area to get in and out at the best spots. Make your money, follow your plan and if there was more on the table after you had a successful trade be thankful for your money and look for your next set.
- 9. When using multiple timeframes- you may enter and exit using smaller timeframes trigger lines or Macd bb lines colors (red and green) AT key areas. Meaning unless your in a *TRADE #8 SITUATION* then you must have some confirmation of the trade turning so you do not get run over.
- 10. Start off avoiding counter trend trades until you have profits booked on the day, they are the hardest to do and while profitable you must get great entries and proper exits to minimize risk and maximize reward at the best areas as defined by the software. THIS INCLUDES #2 and #6 trade setups.
- 11. If you beat yourself up one time over a trade (get mad or sad or frustrated)

  -YOU ARE DONE FOR THE DAY SHUT IT DOWN AND WALK
  AWAY NO MATTER HOW MUCH YOU ARE UP OR DOWN. This is
  a sign that you're not mentally in line with your plan and your rules and
  you will more than likely do more damage than good for the rest of the
  day.
- 12. Be quick to recognize a mistake- and fix it. Mistakes happen, if you make a mistake entry EXIT IMMEDIATELY if not sooner and re-evaluate your position and your plan. Never hope or pray for better exit on a mistake.
- 13. Your plan is your only view of the market. Do not be influenced by any outside forces. This includes our own T3 Educational Chat room. It is educational and when you trade your money, your trades, your bills to be paid with your profits, never leave this in someone else's hands to make your decisions. YOUR PLAN may change as time progresses but you must have rules or you will not win. Without the rules YOU have written we cannot help you make any educational strides.
- 14. In the hopes of maximizing your educational process with us sharing your plan with us when you post charts in the room or an explanation of why you did what you did is helpful. Posting charts in the room with no explanation of why or any rules will be frowned upon with the exception of technical support.
- 15. POST YOUR WINNERS and YOUR LOSERS you cannot and will not win every trade so make your time in our room educational from all perspectives. WE learn more from our losses than our wins... winning is easy but losing correctly can be the difference in your trading success or failure.
- 16. IF you see a way to help make the setups more successful share the ideas with us we are not in a situation where we think we know everything there is to know and sharing knowledge makes us a powerful group
- 17. Thank you for your time and your confidence in what we do and we look forward to helping you achieve your objectives.

# Trade #1 example 1 &2







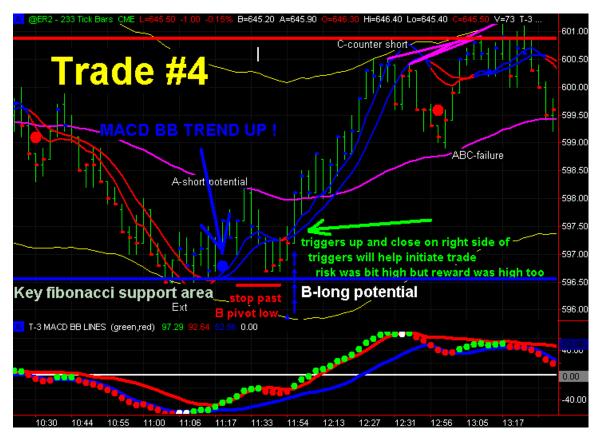


Trade #3 example 1 &2





Trade #4 example 1 &2





Trade #5 example 1 &2





Trade #6example (same as number 2 trade without Fibonacci areas to help )



